

El Chico Cheese Enchiladas

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/el-chico-mexican-salsa-recipe>

Ingredients:

- 2 tablespoons flour
- 2 tablespoons vegetable oil
- 1 teaspoon salt
- 1/2 cup chili powder
- 1/2 cup paprika
- 1 quart water
- 12 corn tortillas
- oil for heating corn tortillas
- 3/4 pound shredded American cheese
- white onions chopped, optional

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 20 milligrams
4. Fat: 16 grams
5. Fiber: 10 grams
6. Protein: 20 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1340 milligrams
9. Sugar: 3 grams

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