

Eggplant Pesto

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/eggplant-garlic-sauce-recipe-chineses>

Ingredients:

- 1 eggplant
- 1/4 clove garlic
- 12 cherry tomatoes piccadilly 4 me!
- 8 mint leaves
- 1 bunch basil
- 1 pinch red pepper
- 1 teaspoon sugar cane
- 1 tablespoon extra-virgin olive oil

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 10 grams
3. Fat: 3.5 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. Sodium: 5 milligrams
7. Sugar: 4 grams

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