

# Crock-Pot® Slow Cooker Cranberry Eggnog Oatmeal

Yield: 4 min  
Total Time: 242 min

Recipe from: <https://www.recipeschoose.com/recipes/12-drinks-of-christmas-eggnog-recipe>

## Ingredients:

- 2 cups steel cut oats
- 4 cups eggnog
- 4 cups water
- 1 cup fresh cranberries

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 75 grams
3. Cholesterol: 150 milligrams
4. Fat: 16 grams
5. Fiber: 10 grams
6. Protein: 26 grams
7. SaturatedFat: 8 grams
8. Sodium: 150 milligrams
9. Sugar: 21 grams

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