

Egg-in-a-Hole

Yield: 1 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/egg-in-a-hole-recipe-indian>

Ingredients:

- 1 slice bread Your Favorite Kind Of
- 1 tablespoon butter
- 1 whole egg
- salt To Taste
- pepper To Taste

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 240 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 9 grams
8. Sodium: 1100 milligrams
9. Sugar: 2 grams

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