

Egg Fried Rice

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-egg-fried-rice-recipe-indian-in-marathi>

Ingredients:

- 1 cup rice
- 2 cups water
- salt
- black pepper
- 2 eggs whisked
- 3 tablespoons coconut aminos or tamari or light soy sauce
- 1 teaspoon sesame oil 2 syns
- 1/3 cup frozen peas optional
- 2 spring onions finely sliced
- spray oil

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 105 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 250 milligrams
9. Sugar: 1 grams

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