

Chicken and Egg Club Sandwich

Yield: 2 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/egg-club-sandwich-recipe-indian>

Ingredients:

- 2 poppy seed bagels
- 4 slices peppered bacon
- 2 eggs
- 6 ounces roasted chicken
- dark meat
- 2 ounces greens peppery, like arugula or watercress
- 6 tomato oven-dried, halves
- 4 tablespoons dressing buttermilk

Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 450 milligrams
4. Fat: 51 grams
5. Fiber: 6 grams
6. Protein: 43 grams
7. SaturatedFat: 14 grams
8. Sodium: 1150 milligrams
9. Sugar: 18 grams

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