

Healthy Breakfast Burritos

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-potato-tortilla-recipe>

Ingredients:

- 2 potatoes medium, shredded
- 1 onion small, chopped
- 4 tomatoes small, chopped
- 1/2 green bell pepper chopped
- 1/2 jalapeno pepper chopped
- 5 eggs
- 1 tablespoon olive oil
- salt
- pepper
- 8 tortillas

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 99 grams
3. Cholesterol: 265 milligrams
4. Fat: 21 grams
5. Fiber: 9 grams
6. Protein: 23 grams
7. SaturatedFat: 5 grams
8. Sodium: 1190 milligrams
9. Sugar: 10 grams

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