

# Watermelon Smoothie And Pizza

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/eat-drink-italy-pizza-recipe>

## Ingredients:

- 2 cups watermelon take the seeds out and cut into cubes
- 1/2 cucumber peeled and chopped
- 1 lime or lemon
- 1 chunk fresh ginger grated

## Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 11 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sugar: 6 grams

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