

Thanksgiving Baked Apple Pie Apples

Yield: 3 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-vegan-thanksgiving-desserts-recipe>

Ingredients:

- 3 apples large plump round
- 2 apples any kind, cored and diced
- 2 tablespoons maple syrup
- 1 teaspoon canela
- 1 teaspoon coconut flour
- 1 pinch salt
- 2 sheets gluten free lasagna Capello's, cut into ½-1 inch strips lengthwise

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 52 grams
3. Fat: 0.5 grams
4. Fiber: 7 grams
5. Sodium: 105 milligrams
6. Sugar: 38 grams

Thank you for visiting our website. Hope you enjoy Thanksgiving Baked Apple Pie Apples above. You can see more 19 easy vegan thanksgiving desserts recipe Unleash your inner chef! to get more great cooking ideas.