

Sweet Southern Cornbread

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-real-sweet-southern-cornbread>

Ingredients:

- 2 tablespoons honey
- 1 egg
- 4 tablespoons butter melted
- 1/2 cup milk
- 1/2 cup water
- 1/2 cup sugar
- 1 cup yellow corn meal
- 1 cup all purpose flour
- 1/2 tablespoon baking powder
- 1/2 teaspoon salt
- 2 tablespoons honey
- 1 egg
- 4 tablespoons butter melted
- 1/2 cup milk
- 1/2 cup water
- 1/2 cup sugar
- 1 cup yellow corn meal
- 1 cup all purpose flour
- 1/2 tablespoon baking powder
- 1/2 teaspoon salt

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 183 grams
3. Cholesterol: 175 milligrams
4. Fat: 29 grams
5. Fiber: 5 grams
6. Protein: 18 grams
7. SaturatedFat: 16 grams

8. Sodium: 1240 milligrams
 9. Sugar: 73 grams
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