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Pesto Grilled Chicken

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/easy-summer-dinner-ideas-recipes

Ingredients:

• 4 boneless skinless chicken breasts

• 1 1/2 cups pesto fresh

Nutrition:

1. Calories: 230 calories

2. Cholesterol: 125 milligrams

3. Fat: 6 grams

4. Protein: 42 grams

5. Saturated Fat: 2 grams

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6. Sodium: 230 milligrams

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