

# Connie's Southern Style Chicken and Dumplings

Yield: 6 min  
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-chicken-and-dumplings-recipe>

## Ingredients:

- 1 whole chicken rinsed and giblets removed
- 8 cups water
- 1 teaspoon salt
- 2 tablespoons butter
- 1/2 teaspoon salt
- 4 teaspoons butter
- 1 3/4 cups all-purpose flour or as needed
- 1 tablespoon butter optional
- 1/4 cup evaporated milk

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 125 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 35 grams
7. SaturatedFat: 7 grams
8. Sodium: 790 milligrams

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