

Easy Homemade Southern Cornbread Muffins

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-southern-cornbread-muffins-recipe>

Ingredients:

- 1 cup cornmeal
- 1 cup flour
- 1/3 cup granulated sugar
- 1/2 teaspoon salt
- 4 teaspoons baking powder
- 1 egg
- 1 cup milk
- 1/4 cup corn oil

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 60 milligrams
4. Fat: 19 grams
5. Fiber: 4 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 890 milligrams
9. Sugar: 21 grams

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