

# Southern Buttermilk Cornbread

Yield: 8 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-southern-buttermilk-cornbread-recipe>

## Ingredients:

- 1 1/2 cups cornmeal
- 1 stick butter
- 1 1/2 cups buttermilk
- 1 egg

## Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 60 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 8 grams
8. Sodium: 130 milligrams
9. Sugar: 3 grams

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