

South African Boerewors Sausage

Yield: 5 min
Total Time: 140 min

Recipe from: <https://www.recipeschoose.com/recipes/south-african-sausage-food-recipe>

Ingredients:

- 4 pounds pork or wild boar or venison, or a mixture
- 1 pound pork fat
- 1 15/16 tablespoons kosher salt
- 1 9/16 tablespoons cracked black pepper about 1 tablespoon
- 7 3/8 tablespoons ground coriander seed coarsely, about 3 to 4 tablespoons
- 1/8 tablespoon ground clove about a teaspoon
- 1/2 tablespoon ground allspice about 2 teaspoons
- 2 teaspoons brown sugar
- 1/4 cup malt vinegar
- 1/4 cup brandy
- hog casings

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 245 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 80 grams
7. SaturatedFat: 7 grams
8. Sodium: 2930 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy South African Boerewors Sausage above. You can see more 20 south african sausage food recipe Deliciousness awaits you! to get more great cooking ideas.