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Rocky Road Bars

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/rocky-road-recipe-south-africa

Ingredients:

- 8 graham crackers
- 1 1/2 cups raw almonds that have been toasted and coarsely chopped
- 1 cup Marshmallow Fluff
- 12 ounces chips semi sweet
- 14 ounces sweetened condensed milk

Nutrition:

Calories: 1340 calories
Carbohydrate: 165 grams
Cholesterol: 35 milligrams

4. Fat: 68 grams5. Fiber: 10 grams6. Protein: 27 grams7. SaturatedFat: 11 grams

7. SaturatedFat: 11 grams8. Sodium: 700 milligrams

9. Sugar: 87 grams

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