

# Arroz Doce (Portuguese rice pudding)

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-portuguese-rice-pudding-recipe>

## Ingredients:

- 500 grams arborio rice
- 2 pints boiling water
- 1 lemon – in large strips
- 2 pints whole milk
- 400 grams sugar
- 1 pinch salt
- 8 egg yolks
- 1 tablespoon cinnamon

## Nutrition:

1. Calories: 1100 calories
2. Carbohydrate: 217 grams
3. Cholesterol: 445 milligrams
4. Fat: 18 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 8 grams
8. Sodium: 210 milligrams
9. Sugar: 113 grams

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