

# Nana's Golabki (Polish Stuffed Cabbage Rolls)

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/original-polish-stuffed-cabbage-recipe>

## Ingredients:

- 1 head green cabbage
- 3/4 pound ground beef
- 8 ounces mushrooms portobello, cremini, finely chopped
- 1 small onion finely chopped
- 1 cup cooked white rice
- 1 egg slightly beaten
- 15 ounces tomato sauce divided
- 1 clove garlic minced
- 1 tablespoon worcestershire sauce optional
- kosher salt to taste
- black pepper to taste
- 15 ounces fire roasted diced tomatoes
- 1 tablespoon lemon juice
- 2 teaspoons brown sugar

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 115 milligrams
4. Fat: 17 grams
5. Fiber: 11 grams
6. Protein: 26 grams
7. SaturatedFat: 7 grams
8. Sodium: 930 milligrams
9. Sugar: 13 grams
10. TransFat: 1 grams

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