

Italian Bread Dipping (Oil) Sauce

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-homemade-italian-bread-recipe>

Ingredients:

- fresh basil or A pinch of dried, or more to taste, for each bowl
- fresh oregano or A pinch of dried, or more to taste, for each bowl
- 1 pinch red chili flakes optional
- 3 garlic cloves peeled and crushed, divided, OPTIONAL
- 1/2 cup olive oil Extra Virgin, good quality, divided
- 3 balsamic vinegar up to 6 Tablespoons, divided, adjust to taste
- Parmesan cheese to taste

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 5 milligrams
4. Fat: 38 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 6 grams
8. Sodium: 85 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Italian Bread Dipping (Oil) Sauce above. You can see more 16 simple homemade italian bread recipe You must try them! to get more great cooking ideas.