

Bunny Chow South Africa

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vodka-jelly-shots-recipe-south-africa>

Ingredients:

- 1 pound chicken thighs or breast cut in bite-sized pieces
- 1/2 cup canola oil
- 3 curry leaves
- 1 teaspoon minced ginger
- 2 teaspoons minced garlic
- 1 tablespoon curry powder or more
- 1 onion medium, diced
- 2 medium tomatoes diced
- 1 cinnamon stick
- 1 1/2 teaspoons paprika
- 3 green cardamom pods lightly crushed
- 8 ounces potatoes or less, cleaned and cut into cubes
- 15 ounces chickpeas rinsed and drained
- 1/2 teaspoon cayenne pepper optional
- 5 1/2 cups chicken broth or more, or water
- salt
- pepper

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 110 milligrams
4. Fat: 57 grams
5. Fiber: 12 grams
6. Protein: 40 grams
7. SaturatedFat: 8 grams
8. Sodium: 810 milligrams
9. Sugar: 4 grams

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