

Oven Baked Salmon

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/oven-baked-swiss-steak-recipe>

Ingredients:

- 2 pounds salmon fillets
- 4 tablespoons unsalted butter
- 3 teaspoons minced garlic
- 1 tablespoon onion powder
- 1 tablespoon paprika
- 1 teaspoon cayenne pepper optional
- 3 tablespoons fresh parsley basil
- salt
- pepper
- 1 tablespoon lemon juice or more

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 155 milligrams
4. Fat: 41 grams
5. Fiber: 2 grams
6. Protein: 46 grams
7. SaturatedFat: 14 grams
8. Sodium: 330 milligrams

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