

Cilantro Lime Dressing

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-mexican-vinaigrette-recipe>

Ingredients:

- 2 cups fresh cilantro
- 1 garlic clove
- 1/4 cup lime juice
- 2 teaspoons maple syrup or honey
- 1/2 teaspoon ground coriander
- 1/2 teaspoon sea salt
- 1/2 cup extra virgin olive oil
- 1 avocado or 1/2 cup plain whole milk Greek yogurt

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 9 grams
3. Fat: 35 grams
4. Fiber: 4 grams
5. Protein: 1 grams
6. SaturatedFat: 5 grams
7. Sodium: 300 milligrams
8. Sugar: 3 grams

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