

Mexican Risotto

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-mexican-risotto-recipe>

Ingredients:

- 1 1/2 tablespoons taco seasoning
- 1 can black beans
- 1 can whole kernel corn
- 1/4 cup pickled jalapenos canned
- 3/4 cup arborio rice

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 49 grams
3. Fiber: 9 grams
4. Protein: 9 grams
5. Sodium: 630 milligrams

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