

# Loaded Mexican Rice

Yield: 5 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-mexican-rice-recipe-with-minute-rice>

## Ingredients:

- 2 tablespoons olive oil
- 1 yellow onion medium, finely diced
- 3 garlic cloves minced
- 1 bell pepper whichever color you like - I used an orange one, diced
- 1 cup corn fresh or frozen
- 14 1/2 ounces black beans
- 1 cup vegetable stock
- 1/2 cup tomato puree
- 1 tablespoon tomato paste
- 14 1/2 ounces diced tomatoes
- 2 tablespoons chili powder
- 1/4 cup chopped fresh cilantro
- 1 1/2 teaspoons salt
- 1 1/2 cups minute rice white long grain
- 1 cup shredded cheese cheddar, pepper jack, or combination of both
- 2 cups cooked chicken diced
- 1 avocado pit and skin removed
- 2 limes each quartered
- 1/2 teaspoon kosher salt
- 1 1/2 tablespoons chopped fresh cilantro
- 3 scallions chopped

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 75 milligrams
4. Fat: 28 grams
5. Fiber: 15 grams
6. Protein: 33 grams

7. SaturatedFat: 9 grams
  8. Sodium: 1810 milligrams
  9. Sugar: 9 grams
- 

Thank you for visiting our website. Hope you enjoy Loaded Mexican Rice above. You can see more 20 easy mexican rice recipe with minute rice Experience flavor like never before! to get more great cooking ideas.