

Caldo De Pollo Mexicano

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-punch-recipe>

Ingredients:

- 4 pounds chicken chopped - or use bone-in chicken thighs and legs
- 8 cups water
- 1/2 tablespoon salt
- 1/2 medium white onion chopped
- 1 tablespoon garlic chopped or minced
- 3 rib celery chopped
- 2 large carrots chopped
- 1 cube chicken bouillon Knorr
- 1/4 cup cilantro chopped
- 1 jalapeno sliced
- 2 zucchini halved lengthwise, then sliced

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 145 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 740 milligrams
9. Sugar: 3 grams

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