

# Mexican Pasta Salad

Yield: 6 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-mexican-pasta-salad-recipe>

## Ingredients:

- 1 can black beans drained and rinsed
- 3/4 pasta a box of, I use whole wheat
- 1/2 green pepper medium or large, chopped
- 1 red pepper small, chopped
- 1/4 cup corn fresh or frozen
- 1/2 cup cherry tomatoes halved
- 1/2 cup cilantro a little extra for garnish
- 1/4 cup olive oil
- 2 tablespoons lime
- 1 pinch garlic powder
- 1 pinch Mexican oregano or regular oregano
- salt to taste

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 54 grams
3. Fat: 9 grams
4. Fiber: 7 grams
5. Protein: 11 grams
6. SaturatedFat: 1 grams
7. Sodium: 380 milligrams
8. Sugar: 3 grams

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