

# Japanese Clear Onion Soup

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-japanese-onion-soup-recipe>

## Ingredients:

- 2 onions [diced]
- 6 cups vegetable broth or water [whichever you have at hand]
- 2 celery stalks [diced]
- 2 carrots [peeled and diced]
- 2 garlic cloves [minced]
- button mushrooms handful •, [thinly sliced]
- scallions handful • sliced
- salt
- pepper
- soy sauce
- sriracha

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 17 grams
3. Fiber: 3 grams
4. Protein: 2 grams
5. Sodium: 1960 milligrams
6. Sugar: 9 grams

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