

# Cheesy Italian Sausage Bread

Yield: 20 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-italian-sausage-bread-recipe>

## Ingredients:

- 8 ounces bulk italian sausage I use Italian turkey sausage
- 1/4 cup finely chopped onion
- 3 3/4 cups all-purpose flour
- 1 packet active dry yeast
- 2 teaspoons italian seasoning
- 1 cup milk
- 1/3 cup butter
- 1/4 cup sugar
- 3/4 teaspoon salt
- 1 egg
- 1 1/2 cups fontina cheese shredded, 6 oz
- 1 1/2 cups shredded mozzarella cheese 6 oz
- 1/2 cup shredded Parmesan cheese 2 oz
- 1 cup basil pesto purchased, or make your own, here

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 50 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 10 grams
7. SaturatedFat: 7 grams
8. Sodium: 370 milligrams
9. Sugar: 4 grams

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