

# Pepperoni & Italian Meatball Appetizer

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-italian-meatball-appetizer-recipe>

## Ingredients:

- 1 package Hormel Pepperoni
- 1 pound ground beef
- 1 egg
- 1/2 cup breadcrumbs
- 1 teaspoon pepper
- 1/2 teaspoon salt
- 1 tablespoon oregano
- 1 tablespoon fresh parsley
- 1 tablespoon minced garlic
- 2 cans tomato sauce
- 1 can tomato paste
- 1 tablespoon italian seasoning
- 1 teaspoon onion powder
- 1 teaspoon fennel seed crushed
- 1 teaspoon garlic powder
- 1 teaspoon red pepper flakes optional
- 1 tablespoon oregano
- 1/2 teaspoon salt
- mozzarella cheese sticks chopped

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 130 milligrams
4. Fat: 19 grams
5. Fiber: 3 grams
6. Protein: 26 grams

7. SaturatedFat: 7 grams
  8. Sodium: 1000 milligrams
  9. Sugar: 4 grams
  10. TransFat: 1 grams
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