

Holiday Sweet Potatoes

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-holiday-sweet-potatos>

Ingredients:

- 4 tablespoons unsalted butter cut into smaller pieces
- 3/4 cup chopped pecans coarsely
- 2 tablespoons maple syrup
- 1/8 teaspoon kosher salt
- 2 sweet potatoes large

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 30 milligrams
4. Fat: 26 grams
5. Fiber: 4 grams
6. Protein: 3 grams
7. SaturatedFat: 8 grams
8. Sodium: 115 milligrams
9. Sugar: 9 grams

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