

Fluffy Japanese Pancake

Yield: 4 min
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/fluffy-japanese-recipe>

Ingredients:

- 1 tablespoon sugar 1 heaping tablespoon, 20g
- 2 egg white
- 1 egg yolk
- 1 teaspoon sugar
- 2 tablespoons whole milk
- 1 tablespoon vegetable oil neutral flavor, 10g
- 3 tablespoons all-purpose flour
- 1/3 teaspoon baking powder
- 1 pinch salt
- 1 dash vanilla paste or essence
- butter whipped honey
- 2 tablespoons butter room temperature
- 1 tablespoon honey good quality

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 85 milligrams
4. Fat: 17 grams
5. Protein: 3 grams
6. SaturatedFat: 8 grams
7. Sodium: 240 milligrams
8. Sugar: 9 grams

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