

# Christmas Tarts

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-christmas-tarts-recipe>

## Ingredients:

- 1/2 cup unsalted butter softened
- 1/2 cup sugar
- 1 large egg
- 2 tablespoons cocoa dark
- 1/4 teaspoon fine sea salt
- 1 1/2 cups all purpose flour
- 2 cups whole milk
- 1/2 cup sugar
- 2 tablespoons cornstarch
- 4 large egg yolks
- 1 teaspoon brandy
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground ginger
- 1/4 teaspoon ground nutmeg
- whipped cream optional
- pomegranate arils optional
- mint leaves optional

## Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 100 grams
3. Cholesterol: 335 milligrams
4. Fat: 33 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 19 grams
8. Sodium: 230 milligrams
9. Sugar: 58 grams

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