

Low Carb Christmas Chocolates

Yield: 4 min
Total Time: 72 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-christmas-chocolates-recipe>

Ingredients:

- 3 ounces dark chocolate low carb, eg Lily's or ChocZero
- 1/4 teaspoon ground cinnamon

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 13 grams
3. Fat: 7 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 4 grams
7. Sodium: 5 milligrams
8. Sugar: 10 grams

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