

Chopped Italian Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-chopped-italian-salad-recipe>

Ingredients:

- 2 heads romaine lettuce roughly 6 cups
- 6 ounces salami deli
- 6 ounces provolone cheese
- 2 red bell peppers roughly 2 cups
- 1 cucumber large, roughly 2 cups
- 1 pint cherry tomatoes roughly 2 cups
- 1 package sliced mushrooms roughly 2 cups
- 1 cup pepperoncinis sliced
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1/2 teaspoon Italian seasoning
- 1 cup avocado oil do not use regular or extra virgin olive oil
- 1/2 cup red wine vinegar
- 3/4 teaspoon salt
- 3/4 teaspoon granulated garlic
- 3/4 teaspoon Italian seasoning