

# Chinese Steamed Egg

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-steamed-egg-recipe>

## Ingredients:

- 2 eggs middle size, 2 or 3 eggs both works depending the wanted texture
- 1 cup water recommend using warmed boiled water, or milk or stock
- 1/2 teaspoon salt or to taste
- 2 teaspoons sesame oil
- 2 teaspoons light soy sauce
- scallion Chopped, optional

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 105 milligrams
4. Fat: 5 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 480 milligrams

---

Thank you for visiting our website. Hope you enjoy Chinese Steamed Egg above. You can see more 16 simple chinese steamed egg recipe Experience flavor like never before! to get more great cooking ideas.