

Chinese Bao Buns

Yield: 12 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-bao-recipe>

Ingredients:

- 1 cup warm water
- 2 1/4 teaspoons active dry yeast
- 3 cups all purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- peanut oil

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 24 grams
3. Fat: 1.5 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 140 milligrams

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