

Chicken Noodle Casserole

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-recipe-with-italian-seasoning>

Ingredients:

- 1/4 cup butter
- 1/4 cup flour sifted
- 1/2 teaspoon poultry seasoning
- 2 teaspoons chicken base dissolved in 1 cup boiling water
- 1 cup milk
- 1/2 teaspoon salt
- 1/4 teaspoon pepper freshly grated
- 2 cups cooked chicken bite-size pieces
- 8 ounces noodles thin, cooked according to package directions and drained
- 2 tablespoons salted butter melted
- 1/2 cup panko bread crumbs
- 1/2 cup cheddar /Jack shredded cheese

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 175 milligrams
4. Fat: 36 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 18 grams
8. Sodium: 710 milligrams
9. Sugar: 6 grams

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