

Easy Bean Salad

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-bean-salad-recipe>

Ingredients:

- 6 tablespoons extra-virgin olive oil
- 2 tablespoons lemon juice
- 1 tablespoon Dijon mustard
- 1 teaspoon garlic Minced
- 1/4 teaspoon kosher salt
- 1/4 teaspoon ground black pepper
- 1 can bean Medley, About 2 cups
- 1 red pepper medium, Diced
- 1/2 cup red onion Diced
- 1/3 cup green olives Cut in half
- 3/4 cup corn

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 18 grams
3. Fat: 23 grams
4. Fiber: 6 grams
5. Protein: 4 grams
6. SaturatedFat: 3 grams
7. Sodium: 340 milligrams
8. Sugar: 6 grams

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