

Carrot Cake Energy Balls

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-snacks-recipes>

Ingredients:

- 1 cup rolled oats
- 2 cups pitted dates tightly packed
- 3/4 cup finely grated carrot 75 g, approx. 1 medium carrot lightly packed
- 1 cup unsweetened shredded coconut
- 1 teaspoon canela
- 1/4 teaspoon sea salt

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 80 grams
3. Fat: 7 grams
4. Fiber: 10 grams
5. Protein: 5 grams
6. SaturatedFat: 6 grams
7. Sodium: 210 milligrams
8. Sugar: 57 grams

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