

Polish Pierogi

Yield: 27 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/kugel-potato-recipe-polish>

Ingredients:

- 1 1/2 pounds potatoes 2 large russets
- 2 teaspoons olive oil
- 1/2 cup diced onion finely
- 1 clove garlic crushed
- 3 ounces reduced fat cream cheese 1/3 cup
- 1/2 teaspoon salt
- pepper to taste
- 2 1/2 cups all purpose flour
- 1/2 teaspoon salt
- 1/4 cup reduced fat sour cream
- 1 egg
- 2/3 cup water

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 10 milligrams
4. Fat: 1.5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 110 milligrams
9. Sugar: 1 grams

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