

Jamie Oliver Baked Carrots

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-river-cobbler-recipe-jamie-oliver>

Ingredients:

- carrots
- cumin
- garlic
- butter
- salt
- black pepper
- white wine

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 2 grams
6. Protein: 1 grams
7. SaturatedFat: 4 grams
8. Sodium: 260 milligrams
9. Sugar: 1 grams

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