

Rolled Roasted Lamb Loin

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-meals-ideas-dinners-recipes>

Ingredients:

- 1 bunch silver beet a small one, leaves only
- 5 dates pitted and chopped
- 1 spring onion chopped
- 1 handful mint a large one, leaves picked
- 1 clove garlic crushed in ½ tsp salt
- 1 knob fresh ginger a small one, grated
- 1 teaspoon smoked paprika
- 1 teaspoon cumin
- 1 lime zest and juice
- 1 extra-virgin olive oil drizzle
- 2 sausages we used lamb and rosemary ones, the meat squeezed out from the casings
- 1/4 cup panko breadcrumbs
- 250 grams lamb backstraps or striploin

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 40 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 10 grams
7. SaturatedFat: 6 grams
8. Sodium: 410 milligrams
9. Sugar: 7 grams

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