

# Homemade Ham with Brown Sugar Mustard Glaze

Yield: 4 min

Total Time: 135 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-ham-shank-recipe>

## Ingredients:

- 10 pounds ham shank or butt portion
- 1 1/2 cups water
- 1/3 cup Dijon mustard
- 1/2 cup brown sugar
- glaze EXTRA, FOR SERVING:, optional
- 1/2 cup brown sugar
- 1/3 cup Dijon mustard
- 2 teaspoons mustard seed whole

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 42 grams
3. Fat: 6 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. Sodium: 75 milligrams
7. Sugar: 38 grams

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