

# Bride's Biscuits (Angel Biscuits)

Yield: 20 min  
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/canadian-tea-biscuits-recipes>

## Ingredients:

- 2 teaspoons dry yeast
- 2 teaspoons sugar
- 2 tablespoons warm water
- 2 1/2 flour
- 3 teaspoons baking powder
- 1/4 teaspoon baking soda
- 1/2 teaspoon salt
- 1/2 cup shortening
- 1 cup buttermilk
- melted butter Optional: for brushing on top

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Protein: 1 grams
6. SaturatedFat: 2 grams
7. Sodium: 170 milligrams
8. Sugar: 1 grams
9. TransFat: 0.5 grams

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