

Leftover Mashed Potato Pancakes

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-mashed-potato-recipe>

Ingredients:

- 3 cups mashed potatoes chilled leftover
- 2/3 cup shredded cheddar cheese
- 2 tablespoons scallions chopped, green and white parts
- 1 egg lightly beaten
- 3 tablespoons all purpose flour
- vegetable oil for pan-frying
- sour cream for serving

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 65 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 7 grams
8. Sodium: 430 milligrams
9. Sugar: 2 grams

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