

Roasted Honey Garlic Carrots

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-carrots-recipes>

Ingredients:

- 6 carrots
- 2 tablespoons fresh minced garlic
- 2 tablespoons honey
- 3 1/2 tablespoons extra virgin olive oil
- 1 teaspoon ground cumin
- 1 teaspoon salt
- 1 teaspoon ground black pepper

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 19 grams
3. Fat: 12 grams
4. Fiber: 3 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 660 milligrams
8. Sugar: 13 grams

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