

# Roasted Brussels Sprouts and Grapes

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/brussel-sprouts-pakistani-recipe>

## Ingredients:

- 1 pound brussels sprouts halved
- 1/2 pound seedless red grapes halved
- 3 tablespoons olive oil divided
- 2 tablespoons soy sauce
- 1 tablespoon balsamic vinegar freshly ground black pepper

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 22 grams
3. Fat: 10 grams
4. Fiber: 5 grams
5. Protein: 4 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 480 milligrams
8. Sugar: 12 grams

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