

# Cardamom-Honey Roasted Baby Carrot

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/easter-baby-carrots-recipe>

## Ingredients:

- 1/2 pound baby carrots greens removed, except for the bottom bit if desired
- 2 teaspoons honey
- 2 teaspoons olive oil
- 1/2 teaspoon ground cardamom
- 1/4 teaspoon sea salt

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 16 grams
3. Fat: 4.5 grams
4. Fiber: 4 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 380 milligrams
8. Sugar: 11 grams

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