

# Angel Food Cake

Yield: 10 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-food-cake-recipe>

## Ingredients:

- 1 cup cake flour
- 1 1/4 cups superfine sugar
- 1/4 teaspoon salt
- 1 1/4 cups egg whites from about 10 eggs
- 1 1/2 teaspoons cream of tartar
- 2 teaspoons fresh lemon juice
- 1 teaspoon vanilla extract
- 1 teaspoon grated lemon zest finely
- berries Fresh, for serving
- confectioners sugar for dusting

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 29 grams
3. Fiber: 1 grams
4. Protein: 5 grams
5. Sodium: 110 milligrams
6. Sugar: 17 grams

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