

Yorkshire Pudding

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/blender-yorkshire-pudding-recipes>

Ingredients:

- 1 1/8 cups flour 1cup+1tbsp plain, all purpose
- 4 medium eggs
- 7/8 cup semi-skimmed milk 3/4cup+1tbsp, I prefer to use semi-skimmed or half fat milk
- 6 teaspoons beef dripping or lard -, replace with vegetable oil for a vegetarian version
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 215 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 2 grams
8. Sodium: 240 milligrams
9. Sugar: 3 grams

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